



# Foundation Award Coaching Course

The Kilmacud Crokes Coaching & Games Committee are organising a **Foundation Award Coaching Course** which will have the Theory part covered online and the Practical parts delivered in the club.

The course is designed for Parents/Helpers/Teachers or new Coaches who want to get involved in the Club and in Coaching. Coaches must have a Foundation Award Certificate if they wish to progress up the Coaching ladder.

**Course Details:** Participants will have to complete 7 online coaching modules of the course. Each module will take 30 minutes to complete. Participants will then have to complete practical sessions on Fundamental Movement Skills, Hurling or Football skills (attendance at both Hurling & Football practical sessions are necessary to receive a certificate in both codes). **Please note - Participants must complete all 7 online modules before commencing the Practical Sessions.** See below details for the Practical Sessions:

**HURLING SESSION:** Tuesday November 22nd 2016, Arena 7pm - 9pm

**FOOTBALL SESSION:** Thursday November 29th 2016, Arena 7pm - 9pm

**FUNDAMENTALS/ATHLETIC DEVELOPMENT SESSION:** Thursday December 1st 2016, Arena 7pm - 9pm

All Foundation Course Participants must also attend the **GAA Child Protection in Sport Course** before they can complete the Foundation Award Course.

The **GAA Child Protection in Sport Course** will be held on **Friday December 9th in The Function Glenalbyn from 7.30pm to 10pm**.

To reserve a place on the online Foundation Award Course you can contact Paraic or Niall (contact details below) and include the following details: Name, Address, contact Mob No, Date of Birth, contact email. Once you have signed up for the course you will receive an email with your online log in details.

**Please note - the Online Closing Date is Friday November 18<sup>th</sup>**

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